



# WINTER 2019 YOUTH PROGRAMS 6 WEEK SESSIONS

**SESSION 1:**  
Registration opens:  
Dec. 12 at 7am  
**Jan. 7 - Feb. 16**  
No classes Jan. 21 (pro-rated)

**SESSION 2:**  
Registration opens:  
Feb. 13 at 7am  
**Feb. 18 - Mar. 30**  
No classes Feb. 18 (pro-rated)

*Programs are 6 week sessions, 1x/week and \$56/session unless otherwise noted. Subject to sales tax.*

SOCCER	
AGES: 3-4 Wed. 3:30-4pm	
AGES: 4-7 Wed. 4:15-4:45pm	
GYMNASTICS	
Fri. AGES 2½-3 9-9:30am	
AGES 3-3½ 9:30-10am	
AGES 3½-4 10-10:30am	
AGES 4-5 10:30-11am	

BASKETBALL	
AGES: 3-4 Tue. 3:30-4pm	
AGES: 4-7 Tue. 4:15-4:45pm	
AGES: 8-12 Thur. 4:15-4:45pm	
GROUP SWIM	
See the Aquatics Flyer for more detailed info.	
JR. RACQUETBALL	
AGES: 8-16 Tue. 4-5pm \$60	

BEGINNING DANCE & MOVEMENT	
AGES: 3-4 Wed. 3:30-4pm	
TINY TOTS: INTRO TO SPORTS	
AGES 2½-3 Wed. 9:15-9:45am	
GET FIT, BE FIT, STAY FIT	
AGES 10-14 Mon. 4:30-5pm	

TEENY TENNIS	
AGES: 3-7 2x/week Tue. & Thur. 4-4:45pm \$139	
SATELLITES TENNIS	
AGES: 7-9 2x/week Tue. & Thur. 4-5pm \$185	
PICKLEBALL	
AGES: 7-10 1x/week Mon. 4:15-4:45pm \$56	

*Non-members: Add \$7.50 guest fee per visit; limited to 12 times per calendar year.  
Cancellation policy: Full refund if cancelled 7+ days in advance; 50% refund if cancelled 24 hours to 6 days prior to program start date; no refund if cancelled on start date.*

# YOUTH PROGRAMS

## ONGOING ACTIVITIES

### CHILDREN'S ACTIVITY CENTER

*A fun, productive environment with games, crafts, book reading, and learning fun while you work out!*

**AGES: Walking-7**  
**MORNING HOURS:**

M-F - 9am-1:15pm  
Sat./Sun. - 8:15am-1pm

**EVENING HOURS\*:**

M-Th - 4-8pm

Fri. - 4-7pm

(\*closed 1st & 3rd Fri. of each month)

**COST:**

Single child - \$8/2 hours

\$27/month (unlimited)

2+ children - \$12/2 hours

\$38/month (unlimited)

### AFTER SCHOOL PROGRAM

*Supervised gym time, art projects, & board games.*

**Begins Sept. 24**

**AGES: 8-13**

Mon.-Thur.  
4:30-6:30pm

Free to members

Meet at the YAC

### WEE PLAY

*Play, sing, and dance through exploration of themes. Friendships are formed in social settings and circle time.*

**AGES: Walking-7**

Mon.-Thur.

9:45-10:45am

**COST:**

Included with CAC hourly charge

### MUSIC LESSONS

*Learn an instrument or improve upon your existing abilities! Todd Luque is available to provide lessons for guitar, bass, drums, and beginning piano.*

**AGES: 6+**

Call 360.480.4974

toddjamesluque@hotmail.com

### KID'S NIGHT OUT

*Spend an evening at The Valley! Swimming, waterslides, pizza, sports, games, and science/craft activities are included. Early sign-up is recommended!*

**AGES: 7-12**

3rd Friday  
of each month  
5:30-9pm

**COST:**

\$23

\$26 day-of registration

### PJ PARTY

*Bring the kids in their PJs for a night of fun! Pizza, crafts, activities, games, inflatables, & a movie!*

**AGES: 3-6**

1st & 3rd Friday  
of each month  
5:30-9pm

**COST:**

\$23

\$26 day-of registration

### INFLATABLE DAY

*Kids can race their friends on the "Rat Race" or jump to their heart's content on "Hop on Pop"!*

**AGES: Walking to 12 - 3rd Friday of each month**

4-6:30pm - Free to members

*Must be supervised by parent until age 8.*

### KID'S CLUB

*Structured, age-specific art projects, gym time, and games.*

**AGES: 5-7 - Mon-Thur - 4:30-6:30pm**

**COST: Included with CAC hourly charge.**